
ANOVA

$$\begin{aligned}SST &= \sum_{i=1}^n (Y_i - \bar{Y})^2 = (\mathbf{Y} - \bar{Y}\mathbf{1})^T (\mathbf{Y} - \bar{Y}\mathbf{1}) \quad (\mathbf{1} \text{ a vector of ones}) \\&= \mathbf{Y}^T \mathbf{Y} - \bar{Y} \mathbf{Y}^T \mathbf{1} - \bar{Y} \mathbf{1}^T \mathbf{Y} + \bar{Y}^2 \mathbf{1}^T \mathbf{1} \\&= \mathbf{Y}^T \mathbf{Y} - 2\bar{Y} \mathbf{1}^T \mathbf{Y} + \bar{Y}^2 \mathbf{1}^T \mathbf{1} \\&= \mathbf{Y}^T \mathbf{Y} - \frac{2}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y} + \left(\frac{1}{n} \mathbf{Y}^T \mathbf{1}\right)^2 \mathbf{1}^T \mathbf{1} \\&= \mathbf{Y}^T \mathbf{Y} - \frac{2}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y} + \frac{1}{n^2} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y} n \\&= \mathbf{Y}^T \mathbf{Y} - \frac{1}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y}\end{aligned}$$

$$\begin{aligned}SSR &= \sum_{i=1}^n (\hat{Y}_i - \bar{Y})^2 \\&= \hat{\mathbf{Y}}^T \mathbf{Y} - \frac{1}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y} \quad (\text{by above}) \\&= (\mathbf{X} \hat{\beta})^T \mathbf{Y} - \frac{1}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y} \\&= \hat{\beta}^T \mathbf{X}^T \mathbf{Y} - \frac{1}{n} \mathbf{Y}^T \mathbf{1} \mathbf{1}^T \mathbf{Y}\end{aligned}$$

$$\begin{aligned}SSE &= \sum_{i=1}^n (Y_i - \hat{Y}_i)^2 = (\mathbf{Y} - \hat{\mathbf{Y}})^T (\mathbf{Y} - \hat{\mathbf{Y}}) \\&= \mathbf{Y}^T \mathbf{Y} - \mathbf{Y}^T \hat{\mathbf{Y}} - \hat{\mathbf{Y}}^T \mathbf{Y} + \hat{\mathbf{Y}}^T \hat{\mathbf{Y}} \\&= \mathbf{Y}^T \mathbf{Y} - 2\hat{\mathbf{Y}}^T \mathbf{Y} + \hat{\mathbf{Y}}^T \hat{\mathbf{Y}} \\&= \mathbf{Y}^T \mathbf{Y} - 2(\mathbf{X} \hat{\beta})^T \mathbf{Y} + (\mathbf{X} \hat{\beta})^T (\mathbf{X} \hat{\beta}) \\&= \mathbf{Y}^T \mathbf{Y} - 2\hat{\beta}^T \mathbf{X}^T \mathbf{Y} + \hat{\beta}^T \mathbf{X}^T \mathbf{X} \hat{\beta} \\&= \mathbf{Y}^T \mathbf{Y} - 2\hat{\beta}^T \mathbf{X}^T \mathbf{Y} + \hat{\beta}^T \mathbf{X}^T \mathbf{X} (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{Y} \quad (\hat{\beta} = (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{X}^T \mathbf{Y}) \\&= \mathbf{Y}^T \mathbf{Y} - 2\hat{\beta}^T \mathbf{X}^T \mathbf{Y} + \hat{\beta}^T \mathbf{I} \mathbf{X}^T \mathbf{Y} \quad (\mathbf{I} \text{ the identity matrix}) \\&= \mathbf{Y}^T \mathbf{Y} - 2\hat{\beta}^T \mathbf{X}^T \mathbf{Y} + \hat{\beta}^T \mathbf{X}^T \mathbf{Y} \\&= \mathbf{Y}^T \mathbf{Y} - \hat{\beta}^T \mathbf{X}^T \mathbf{Y}\end{aligned}$$