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Trigonometric Integrals To evaluate integrals of the form $\int_0^{2\pi} f(\cos\theta, \sin\theta) d\theta$ we make a substitution of the form $z = e^{i\theta}$, $\theta \in [0, 2\pi)$. This turns the real integral into a contour integral around C the unit circle.

$$dz = i e^{i\theta} d\theta = iz d\theta. \text{ Hence } d\theta = \frac{dz}{iz}$$

$$\frac{1}{z} = e^{-i\theta} \quad \therefore \quad z + \frac{1}{z} = e^{i\theta} + e^{-i\theta} = \cos\theta + i\sin\theta + \cos\theta - i\sin\theta = 2\cos\theta$$

$$\therefore \cos\theta = \frac{1}{2} \left(z + \frac{1}{z} \right)$$

$$z - \frac{1}{z} = \cos\theta + i\sin\theta - (\cos\theta - i\sin\theta) = 2i\sin\theta.$$

$$\therefore \sin\theta = \frac{1}{2i} \left(z - \frac{1}{z} \right)$$

Example Calculate $I = \int_0^{2\pi} (\cos^3 t + \sin^2 t) dt$

$$= \int_C \left(\frac{1}{2} \left(z + \frac{1}{z} \right) \right)^3 + \left(\frac{1}{2i} \left(z - \frac{1}{z} \right) \right)^2 \frac{dz}{iz}$$

$$= \int_C \left[\frac{1}{8} \left(z^3 + 3z^2 \cdot \frac{1}{z} + 3z \cdot \frac{1}{z^2} + \frac{1}{z^3} \right) - \frac{1}{4} \left(z^2 - 2z \cdot \frac{1}{z} + \frac{1}{z^2} \right) \right] \frac{dz}{iz}$$

Pole at $z=0$, the $\frac{1}{z}$ term is $\frac{1}{2iz}$.

Residue is $\frac{1}{2i}$

$$\therefore I = 2\pi i \cdot \frac{1}{2i} = \pi$$

Example Calculate $I = \int_0^{2\pi} (\cos^4 t + \sin^4 t) dt$

$$= \int_0^{2\pi} \left[\left(\frac{1}{2} \left(z + \frac{1}{z} \right) \right)^4 + \left(\frac{1}{2i} \left(z - \frac{1}{z} \right) \right)^4 \right] \frac{dz}{iz}$$

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Recall $(a+b)^n = a^n + \binom{n}{1}a^{n-1}b + \binom{n}{2}a^{n-2}b^2 + \dots + b^n$

So $\left(\frac{1}{2}\left(z + \frac{1}{z}\right)\right)^4 = \frac{1}{2^4} \left(z^4 + 4z^3 \cdot \frac{1}{z} + 6z^2 \cdot \frac{1}{z^2} + 4z \cdot \frac{1}{z^3} + \frac{1}{z^4} \right)$

$\left(\frac{1}{2i}\left(z - \frac{1}{z}\right)\right)^4 = \frac{1}{2^4} \left(z^4 - 4z^3 \cdot \frac{1}{z} + 6z^2 \cdot \frac{1}{z^2} - 4z \cdot \frac{1}{z^3} + \frac{1}{z^4} \right)$

Hence

$$\left(\frac{1}{2}\left(z + \frac{1}{z}\right)\right)^4 + \left(\frac{1}{2i}\left(z - \frac{1}{z}\right)\right)^4 \frac{dz}{iz} = \frac{1}{2^4} \left[\left(\frac{z^3}{i} + \dots + \frac{6}{iz} + \dots \right) + \left(\frac{z^3}{i} + \dots + \frac{6}{iz} + \dots \right) \right]$$

pole is at $z=0$. Residue $= \frac{1}{2^4} \cdot \frac{12}{i} = \frac{12}{16i}$

$\therefore I = 2\pi i \left(\frac{12}{16i} \right) = \frac{3}{2}\pi$

Exercise $\int_0^{2\pi} (\cos^6 t + \sin^6 t) dt$

Example Calculate $I = \int_0^{2\pi} \frac{dt}{a + b \cos t}$, $a > |b|$.

$$\frac{1}{a + b \cos t} = \frac{1}{a + \frac{b}{2}\left(z + \frac{1}{z}\right)} = \frac{z}{az + \frac{bz^2}{2} + \frac{b}{2}}$$

$$= \frac{\frac{2}{b}z}{z^2 + 2az + 1}$$

So $\frac{dt}{a + b \cos t} = \frac{2/bz}{z^2 + 2az + 1} \frac{dz}{iz} = \frac{2}{ib} \frac{1}{z^2 + 2az + 1}$

$$\int_0^{2\pi} \frac{dt}{a + b \cos t} = \int_C \frac{2}{ib} \frac{dz}{z^2 + 2az + 1}$$

We solve $z^2 + 2az + 1 = 0$

$$z = \frac{-a \pm \sqrt{a^2 - b^2}}{b}, \quad z_1 = \frac{-a - \sqrt{a^2 - b^2}}{b}$$

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$$z_2 = \frac{-a + \sqrt{a^2 - b^2}}{b}, |z_2| = \frac{|a + \sqrt{a^2 - b^2}|}{|b|} > \frac{|a|}{|b|} > 1$$

z_1 is outside the unit circle.

z_2 is inside the circle. (see p11 of notes)

z_2 is a simple pole:

$$f(z) = \frac{1}{z^2 + \frac{2a}{b}z + 1} = \frac{1}{(z - z_1)(z - z_2)}$$

$$\begin{aligned} \text{Res}(f(z), z_2) &= \lim_{z \rightarrow z_2} \frac{(z - z_2)}{(z - z_1)(z - z_2)} = \frac{1}{z_2 - z_1} \\ &= \frac{1}{\left(\frac{-a + \sqrt{a^2 - b^2}}{b}\right) - \left(\frac{-a - \sqrt{a^2 - b^2}}{b}\right)} = \frac{b}{2\sqrt{a^2 - b^2}} \end{aligned}$$

$$\begin{aligned} \text{So } I &= \frac{2}{ib} \int_C f(z) dz = \frac{2}{ib} 2\pi i \frac{b}{2\sqrt{a^2 - b^2}} \\ &= \frac{2\pi}{\sqrt{a^2 - b^2}} \end{aligned}$$

Example $I = \int_0^\pi \frac{dt}{1 + b \cos^2 t} \quad b \geq 1$

Notice $\cos^2 t = \frac{1}{2}(1 + \cos(2t))$

Put $z = e^{2it}, t \in [0, \pi]$

$dz = 2iz dt \quad \therefore dt = \frac{dz}{2iz}$

$\frac{1}{2}\left(z + \frac{1}{z}\right) = \cos(2t) \quad \text{So } \frac{1}{1 + b \cos^2 t} =$

$\frac{1}{1 + b\left(\frac{1}{2}\left(1 + \frac{1}{2}\left(z + \frac{1}{z}\right)\right)\right)}$

So $I = \frac{2}{ib} \int_C \frac{1}{(z^2 + (4/b + 2)z + 1)} dz$

$I = \int_C \frac{1}{1 + \frac{b}{2} + \frac{b}{4}\left(z + \frac{1}{z}\right)} \frac{dz}{2iz}$

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Roots of $z^2 + (2 + \frac{4}{b})z + 1 = 0$ are
 $z_1 = -\frac{2-b-2\sqrt{1+b}}{b}$, $z_2 = -\frac{2-b+2\sqrt{1+b}}{b}$

Clearly $|z_1| > 1$, $|z_2| < 1$ (notes p113)

$$f(z) = \frac{1}{z^2 + (2 + \frac{4}{b})z + 1}$$

$$\begin{aligned} \text{Res}(f(z), z_2) &= \lim_{z \rightarrow z_2} \frac{(z - z_2)}{(z - z_1)(z - z_2)} \\ &= \frac{1}{z_2 - z_1} \end{aligned}$$

$$z_2 - z_1 = \frac{b}{4\sqrt{1+b}}$$

Thus

$$I = \frac{2}{ib} \int_C f(z) dz$$

$$= \frac{2}{ib} 2\pi i \frac{b}{4\sqrt{1+b}} = \frac{\pi}{\sqrt{1+b}}$$

Integration on the real line. It is possible to evaluate many integrals on $\mathbb{R}$ using residues.

Example Calculate $\int_{-\infty}^{\infty} \frac{dx}{1+x^2}$.

$$\begin{aligned} \text{Recall } \int_{-\infty}^{\infty} f(x) dx &= \lim_{R \rightarrow \infty} \int_{-R}^0 f(x) dx \\ &\quad + \lim_{T \rightarrow \infty} \int_0^T f(x) dx \end{aligned}$$

If this exists, $\int_{-\infty}^{\infty} f(x) dx = \lim_{R \rightarrow \infty} \int_{-R}^R f(x) dx$